# Parkway Early Childhood October 2023

# October 2023 Family Newsletter



Preschool - Partners In Play - Screening Parents As Teachers - Kids Morning Out - ECSE

# This Month At Parkway Early Childhood:

- Tues, Oct 3: PAT Connection Before Correction 1:00pm via Zoom
- Fri, Oct 6: Deadline for Spirit Wear orders
- Sat, Oct 7: Parent & Me: Outdoor Ed Experience @Babler Outdoor Ed Center
- Thurs, Oct 12: Early Release Day and the St. Louis Blues season opener. Wear Blues gear or Blue!
- Fri, Oct 13 Mon, Oct 16: NO SCHOOL, FALL BREAK
- Thurs, Oct 19: PAT Panda Playtime 9:30-10:30am
- Tues, Oct 24: PAT Fall Fest 5:30 7:00 pm (Evening Event!)
- Fri, Oct 27: Early Release/Records Day
- Mon, Nov 6: PAT Panda Playtime 6:30-7:30pm (Evening Event)

#### From the Parkway Early Learning Director:

Dear Early Childhood Families,

Fall is here! Nature's bounty is all around and there are many opportunities for learning and fun in the great outdoors. This is a great time to talk with your children about beautiful colors, seasonal changes, and all the clues we see that tell us autumn is here. Observing the leaves changing colors, the chilly mornings, and pumpkins on porches is a great way to teach beginning science concepts of observation, weather and harvest.

October also brings about Fire Safety Month. There are many free fire safety activities happening this month and we've included some family safety tips in the October edition of Panda Families below.

Halloween is a great time to introduce the concept of real vs pretend as children are exposed to a variety of costumes and pretend play.

October is also designated as the Eat Better, Eat Together month which is an effort to encourage families to sit down and eat together more often and to make healthy nutritional choices. The more we eat together, the better our health will be. Life is too short; children grow up fast and eating together when possible will be great for early development. The Academy of Nutrition and Dietetics reports that children of families who regularly eat together: are more likely to have higher intakes of fruits and vegetables and have a healthy weight, and more positive behavior. Beyond health and nutrition, family meals provide a valuable opportunity for children and parents to reconnect after a long day. We hope you enjoy the month with plenty of family fun!

Warm Regards,

Elena

# **Safety First**

The first and foremost job of ALL adults in our community is keeping our children safe. For that reason, here are a few reminders. PLEASE:

- ALWAYS have your parent badge visible when dropping off and picking up.
- Follow all signs, including STOP signs in our parking lots.
- Drive at a very slow speed. Children can be unpredictable and it is important to be able to stop quickly!
- Complete phone calls before entering our buildings. Drop-off and Pick-up are special times of connection between you and your child. They anticipate and love your full attention.
- Avoid playing on the playground while students are in attendance. The playgrounds are open to public access after 4:30 pm.
- Make sure anyone who has permission to drop off/pick up your child at school has a security pass, knows the child's **Teacher's Name** and class times.

#### Safety Drills.pdf

**Download** 

90.6 KB



#### Congratulations!!!

Preschool Teacher **Chloe Hendel** was one of 2 district recipients of the **Cerutti Scholarship** providing continuing education scholarships for teachers. Congratulations! We are so proud!

#### **Preschool News**

#### **Spirit Wear!**

Let your Panda show Preschool Pride! Spirit wear is now available for purchase! The shop closes on Friday, October 6, 2023

<u>Click HERE for the online catalog</u>



#### **Weather Changes**

As the weather get cooler, please dress your child for daily outdoor play! This time of year that usually means layers. It may be 55F in the morning and 80F in the afternoon!

Also, jackets, water bottles and hats have already been placed in Lost & Found. **Please LABEL** anything your child brings to school. Thank you!



#### Preschool & KMO Absences

If your student is not going to be at school please call **314-415-9676**. This number is for ALL locations. Thank you!

# Parkway Parents as Teachers

#### All Parkway Residents with a Child Under 5 Are Eligible!

Parkway Parents as Teachers is a home visiting program offered at no charge for Parkway residents serving families prenatally to Kindergarten entry. To enroll in Parents as Teachers call (314) 415-6973 or start the process to enroll online. A representative will call you to complete enrollment.



**Group Connections** are FREE activity sessions presented by PAT. Some are for children and parents and some are for parents-only.

Group Connections are listed on the Parents as Teachers webpage with registration links: <a href="https://www.parkwayschools.net/domain/1164">https://www.parkwayschools.net/domain/1164</a>

# Parents as Teachers Group Connections

### **Connection Before Correction**

Whether you are at your wit's end or at the beginning of your parenting journey, please join us for the first in a series for parents based on the concepts of Dr. Becky Bailey and her program: Conscious Discipline. This first presentation will be an overview of concepts, and each presentation after will dig a little deeper into the details. We hope you come away with lots of good information as well as tips and strategies for your parenting toolbox. This presentation is Tuesday, October 3rd @ 1pm-2pm via Zoom and will be recorded. Put the kids down for a nap listen in!

Sign in to Google to save your progress. Learn more

\* Indicates required question

Email \*

#### Parent & Me: Outdoor Ed Experience Saturday, October 7, 9:00-10:00 am

Babler Outdoor Education Center | Children Ages 0-5 and parent \$5 per child Indulge in nature and experience a day outdoors with your little one as you engage in activities that will help you build your "outdoor toolbox", including: a short hike/storybook walk, and more on the beautiful grounds of Babler State Park. For More Information

Panda Playtime is a FREE Parkway Parents as Teachers event for Parkway families with children ages Birth-36 months. This is a great time for your child to learn and develop social skills while playing with others. We set up the fun & the children decide how to play. Stay for as long as you choose. For safety concerns, enrollment is limited. Please contact 314.415.6952 or kmccormac@parkwayschools.net for questions or to cancel your registration so we may contact a family on the waitlist. THANK YOU!

#### Panda Playtime - Thursday, October 19, 9:30-10:30 am

Panda Playtime is a FREE Parkway Parents as Teachers event for Parkway families with children ages Birth-36 months. This is a great time for your child to learn and develop social skills while playing with others. We set up the fun & the children decide how to play.

☑ forms.gle



Celebrate fall & everything the season has to offer. Join us for fun activities. Children may wear a costume to this event and pretend they are trick or treating!! Fall Fest is a FREE Parkway Parents as Teachers group connection & for Parkway residents with children Birth-5 yrs old.

☑ forms.gle

#### **Other Community Events:**

- St. Luke's Mom & Baby Expo: Falling for Baby October 5, 5:00-8:00pm St. Luke's Hospital will host a free in-person, informative event for new and expecting parents! The event is designed to help parents in pregnancy planning through the transition to parenthood including. <a href="Click here">Click here</a> to register for this free event.
- Support For Parents: Babies and Sleep (Guest Speaker Session)
   Wednesday, Oct 18, 6:30 7:30 PM THIS IS A HYBRID CLASS You may participate online OR in person (Parkway West Middle: Library 2312 Baxter Rd, Chesterfield, MO 63017) Let's talk kids and sleep! Bring your baby, meet other parents in your shoes, and build relationships as our guest speaker, Kelly Weygandt talks about healthy sleep hygiene for families and children of all ages, and answer any questions you may have about the topic. IF YOU PARTICIPATE
   ONLINE: Login information will be emailed to you by the instructor one (1) hour prior to your class time. For more info and to enroll

## **Partners in Play**

**Partners in Play** offers affordable fun classes that provide fun and meaningful activities to promote growth in all areas - social, emotional, physical and cognitive. Expose your child to a classroom situation where they will have fun while taking turns and playing with others. Parents have opportunities to talk about childhood development in a supportive environment.

#### PIP Classes starting in October:

- Oct 2 Oct 30: Wonderful Ones (12-23 months)
- Oct 2 Oct 30: Terrific Twos (24-35 months)
- Oct 3 Oct 24: The Wonderful World of Art (3-5 yrs)
- Oct 10 Oct 31: Run, Jump & Play (24-35 months)
- Oct 11: Peaceful Preschoolers (3-5 yrs)
- Oct 12: Family Grandparents Day (13 months-5 years old not in Kindergarten)
- Oct 20 Nov 17: Gym Time (18-32 months)
- Oct 25 Nov 15: The Fine Art Of Making a Mess (24-35 months)
- Oct 26: Family Halloween Fun (13 months-5 years old not in Kindergarten) 9:30 am or 6:00-7:00pm Evening Class
- Oct 31: Halloween Fun (12-23 months)

#### Sign Up Now!



**Family Grandparents Day** 



Run, Jump & Play



**Peaceful Preschoolers** 



**Play-Based Developmental Screening** 



3 - 5 Play-Based Screening

# **Early Childhood Special Education**



# **ECSE TO KINDERGARTEN:** Transition Parent Night

Tuesday, November 14, 2023 6:00-7:30 p.m.

If your child has an IEP and is turning 5 by 7/31/24, then this is the meeting for you!

Join us for a virtual panel presentation that will help you prepare for your child's transition to Kindergarten. There will be an opportunity for questions at the end of the presentation. Zoom Link: <a href="https://bit.ly/3RzRglE">https://bit.ly/3RzRglE</a>

Counselor's Corner



# October 2023

#### PARKER'S PROMISE

I Take Care of myself \*I take care of others \*I take care of my home \*I take care of my world

<sup>*arkhway School Oldan</sup>	SUN	Mon	TUE	WED	THU	PRI	SAT	
The PECC Caring Connection  The PECC Caring Connection is a monthly calendar linking home and school using Character Education language and activities	Take care of myself:	2	3	4 Eat plenty of fruits and vegetables to stay healthy	5	6	7	
	8 Take care of others:	9 Plan a family picnic at a Favorite Park	10		12 Invite a friend over to play	13	14	
	15 Take care of my home:	16	17 Clean up your toys when you are done Playing	18	19 Use helping hands to dust or sweep	20	21	
	Take care of my world:	23	24 Rake leaves for someone	25	26	27 Turn off lights when you leave a room	28	
	29 Take care of Myself	30	31 Use a flashlight when walking outside at night.					

#### **Panda Families October 2023**

Fire Safety- It Starts at Home! What Everyone Needs to Know

#### Download

296.8 KB

### From the Nurse....

Links to web page with access to information on Common Health Concerns, Health Forms, Health Screenings, Illness Guidelines, Immunization Requirements and Medication at School.



Parents as Teachers
Personalized home visits &
Group Connections



**Parkway Preschool** 



**Partners In Play** 





#### **Parkway ECC**

Parkway is using Smore to create beautiful newsletters